

# Improving the Lives of Older People Across the World

## HelpAge International UK

Publicly known as  
ageInternational



Trustees' Annual Report and Accounts 2018/19

# Age International today

**Age International is a charity dedicated to the needs and rights of older people in low and middle income countries.**

We're here to help older people in the poorest countries improve their income, escape poverty, receive the right kind of healthcare, survive emergencies, and have their contributions to families and communities recognised and valued.

Our vision is of a world in which women and men everywhere can lead dignified, healthy and secure lives, as they grow older.

**We are working towards a world in which older women and men can say:**

- I am given the help and information I want in emergencies
- I have the income I need, and enjoy the best possible health and care
- My voice is heard by decision-makers
- I am safe and secure, free from all forms of discrimination, violence and abuse.

Age International is a subsidiary charity of Age UK, the UK member of the HelpAge global network and a member of the Disasters Emergency Committee (DEC).



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# Chair's foreword



**It gives me great pleasure to introduce this report on the work of Age International in my first year as Chair of the Board.**

**I would like to start by thanking both the staff and my fellow trustees for their contributions to Age International's work over this year, and for the achievements highlighted in this report.**

During 2018/19 I had the opportunity to spend time with some inspirational Age International partners and, as the HelpAge network member for the UK, to meet fellow members of the HelpAge network from all over the world. This included a visit to the dynamic Older People's Associations supported by HelpAge Vietnam, a model of self help and community support led by older people that should be replicated all over the world. And I learned a great deal at the HelpAge Asia Pacific regional conference in Tehran about the challenges of countries with ageing populations in the region. It was a pleasure to spend time with and learn from the national members of the HelpAge network who were there sharing ideas and solutions.

I have been especially pleased that Age International has contributed to important UN processes, both through engaging with the UK Government and collaborating with a range of organisations to promote the rights of older people. Age International has supported moves for a UN Decade on Healthy Ageing, and advocated for a global commitment to Universal Health Coverage that addresses the needs and rights of older people. And we have played an active part in the global movement for a long overdue UN Convention on the Rights of Older People.

In the pages that follow, you will read how Age International, working alongside HelpAge colleagues and partners, has responded to a wide range of humanitarian crises during the year, focusing on the particular needs of older people and people living with disabilities. Some emergencies have attracted media attention and become widely known; others have not but in all cases we have responded to the needs of some of the world's most vulnerable people.

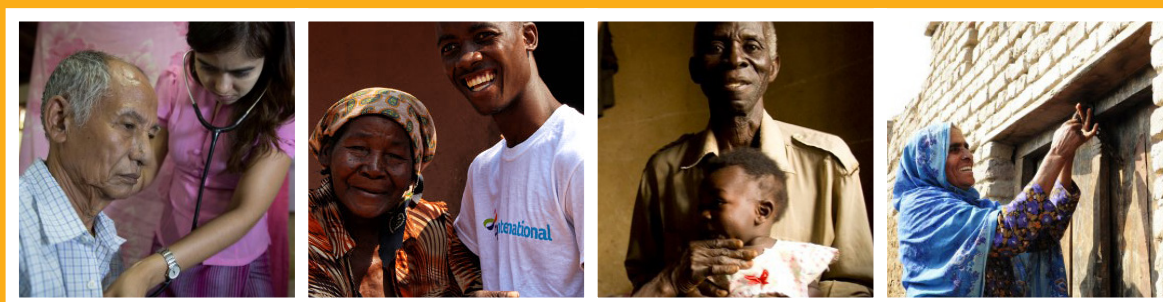
A selection of Age International's 'flagship' programmes are covered in this report. These key programmes, designed to strengthen older age friendly health systems and care, livelihoods and income security, and recovery from humanitarian crises, enable us to share learning and raise the profile of age-focused development policy and practice.

A key priority for Age International this year has been responding to the challenge to the international development sector to redouble its efforts to protect those with whom we work from abuse. Safeguarding is of central importance to an organisation like ours dedicated to supporting older people since older people are highly vulnerable to neglect and abuse, much of it hidden. The Board has a zero tolerance approach to such abuse and has adopted a comprehensive action plan to review and strengthen our safeguarding policies and procedures. In addition, we commissioned an external assessment to test the measures we have put in place. We believe we can always improve what we do, and safeguarding will continue to be a serious priority for staff and trustees alike.

I am proud to chair the Board of an organisation that is ambitious to do more and to do it better. During the year, led by our Managing Director Chris Roles, Age International has planned a major review of individual fundraising, set ambitious targets for developing and funding more international programmes, offered training and staff capacity to our HelpAge regional colleagues to deliver high quality programmes, and prepared a review of our approach to humanitarian crises. Our aim is always to have even greater impact for older people and I look forward to reporting on progress on each of these in our 2019/20 annual report.

In Age International we depend for our success on the commitment of Age UK to the work of its subsidiary charity, Age International. We are grateful to Age UK for the financial, moral and practical support that underpins our work. Age International aims to extend the invaluable support Age UK gives to older people at home, in a spirit of global solidarity to reach some of the poorest older people in a rapidly ageing world.

**Ann Keeling**  
**Chair**  
**Age International**



# Trustees' Report

**The Trustees submit their report and the financial statements of HelpAge International UK. HelpAge International UK is the registered name of the charity but it is known as Age International. All references to the organisation in this report and the financial statements will be in the name of Age International.**

## Structure and governance

**Age International is an independent charitable company limited by guarantee. It is a subsidiary of Age UK (registered charity 1128267) and forms part of the Age UK Group. Age International is the UK member of the HelpAge International global network of organisations focused on ageing. The network has 149 members in 87 countries. Age International is governed by a board of trustees. The board meets quarterly and Trustees have responsibility for the overall strategy and direction of Age International, and for financial and risk management.**

The Chair of Age International is Ann Keeling. The Managing Director is Chris Roles and is appointed by the Board and has day-to-day responsibility for the running of the Charity.

### Objects of Age International

The objects of the charity are the promotion of the welfare of older people in any part of the world and in any manner deemed to be charitable according to the law of England and Wales, including but not limited to:

- Preventing or relieving the poverty of older people
- Advancing education
- Preventing or relieving sickness, disease or suffering in older people
- Promoting equality and diversity
- Promoting the human rights of older people in accordance with the Universal Declaration of Human Rights
- Assisting older people in need by reason of ill-health, disability, financial hardship, social exclusion or other disadvantage, and
- Such other charitable purposes for the benefit of older people as the trustees from time to time decide.

# Objectives and activities for 2018/19

The following objectives were set for Age International in 2018/19

- 1. Responding to humanitarian emergencies** to ensure that older people's needs are addressed, through our own direct response, and by influencing other actors to systematically take account of the specific needs of older people in their emergency response systems and programmes.
- 2. Supporting community-based action** that enables older people to work together to improve their income and health, to support each other and to have their voice heard; ensuring that this action improves the income and health of older women and men equally.
- 3. Supporting work that influences governments in low and middle-income countries** to develop policies and programmes in ways that meet the needs of the most vulnerable older people, in particular in relation to pensions, non-communicable diseases, care and dementia.
- 4. Influencing opinion-formers and decision-makers** to increase awareness of, and respond to, global ageing. Working to ensure that the UK Government's international development objectives, including the implementation of the Sustainable Development Goals, reflect the impact of global ageing. Contributing to a renewed global movement working towards a UN Convention on the Rights of Older People.
- 5. Building evidence, leveraging Age UK expertise, and demonstrating what works** to ensure that a strong body of evidence of impact and effectiveness is developed and underpins our programme and advocacy work.
- 6. Actively contributing to networks that increase our influence;** working with HelpAge to change its global network's structure, governance and distribution of roles and responsibilities; and building on Age UK's reputation and influence to take a visible lead in networks on ageing.

# What we do: supporting older people

**Age International supports older people living in some of the world's poorest places to have improved wellbeing and to live with greater security.**

**We help older people in over 30 low-and-middle income countries to improve wellbeing, escape poverty, receive the right kind of healthcare, survive emergencies, and have their contributions to families and communities recognised and valued.**

We are the UK member of the HelpAge global network, through which we deliver most of our work overseas. We are also a member of the DEC (Disasters Emergency Committee), which brings together 14 leading UK aid agencies to raise money at times of humanitarian crisis in poorer countries. Age International is the only DEC agency that specialises in helping older people.

## **Long-term development programmes**

We fund long-term development programmes aimed at supporting older people to work together to have better incomes, improved access to health and care services and a stronger voice in local decision making. Our programmes are implemented by our partner, HelpAge International.

## **Responding to emergencies**

When emergency strikes, we are there to support and stand up for older people. We provide the most vulnerable older people with accessible

aid and train and advise other agencies and organisations to help make their aid more accessible to older people and people with disabilities, providing medicines for older people with chronic conditions, or helping those whose family support has been disrupted. Accessible aid means, for example, that older people are prioritised in aid queues, have a place to sit, food packs are easy to open and carry, and contain the right kind of nutrition.

We also influence how other aid agencies and governments include and respond to the needs of older people in their own emergency response programmes.

## **Influencing and advocating**

We speak up for people who have been marginalised because of their age. We are campaigning for a UN Convention on the rights of older people, economic empowerment for older women, and the implementation of UN Sustainable Development Goals that really 'leave no one behind'. We support older people to speak out on the issues that matter to them and support and fund Older People's Associations that bring together communities of older people to present their issues to local and national decision-makers.





# Who we support: those most in need

**As the global population and life expectancy increases, so does the need for us to act to improve the lives of vulnerable older people worldwide.**

## **The world's population is growing and ageing, fast**

The number of people in the world has more than doubled to 7.6 billion since 1970 and is set to reach 11 billion later this century. Less well known is the fact that the world is also ageing. By 2050, one in five of the world's population will be over the age of 60. The need to uphold the rights and meet the needs of an ageing population requires a unified global response.

## **Millions are struggling to survive on low incomes with no pension**

In high-income countries, access to a pension is a lifeline that most can rely upon; yet three out of four people in the world live without any form of pension. Millions of older people in lower income countries struggle to live on less than 60p per day – with no pension, no healthcare, and inadequate support from those around them.

## **Chronic illnesses is a growing problem**

Long-term chronic conditions are a growing problem in lower and middle-income countries, with non-communicable diseases (NCDs) like heart disease, diabetes, stroke and dementia accounting for nearly 90 per cent of the global disease burden for those over the age of 60.

## **Older people are often left behind in emergencies**

It's estimated that over 25 million older people are affected by natural disasters every year and millions more get caught up in conflicts. Older people are particularly vulnerable and are susceptible to being 'left behind' by aid efforts

– all too often they are not counted as 'affected people' and their specific needs aren't met, such as food, walking aids or even glasses that may have been destroyed.

## **The situation is often worse for older women**

Poverty, public health issues and human rights often drive older women to do paid and unpaid work that negatively affects their wellbeing, while their families, communities and economies depend heavily on the work they do. Inequalities that women face in society can continue into older age and be aggravated by age discrimination - making their lives worse.

- **Key statistic:** In low and middle-income countries, one in seven older women are in the workforce.
- **What's changed:** This year we worked with the Overseas Development Institute to produce research looking into this issue. The work highlighted the fact that older women's work is often unpaid and undesirable, and because it is unpaid, is not counted in economic and labour data and therefore 'invisible'. The research found that in low and middle-income countries, older women do more than twice the amount of unpaid care that older men do, providing an average of 4.3 hours of unpaid domestic or care work a day.

# How we raise our money

We receive grants and donations from UK individuals, Age UK, and institutional, trust and corporate donors.

Please note: emergency appeals, individual donations and legacies are received via Age UK as a grant.

## The numbers

Total income for  
2018/2019

**£13.96m**



Emergency appeals  
**£0.88m**



Age UK  
grants  
**£4.87m**

Individual donations  
**£1.48m**

**£4.87m**



Legacies  
**£1.61m**

Institutional, trust and corporate  
grants **£5.12m**

Institutional, trust  
and corporate grants

Age UK grants

Legacies

Donations

Emergency  
appeals

# How we spend our money

Most of our income is spent on emergency relief and rehabilitation, development, advocacy and influencing.

## The numbers



Support  
£1.06m

Total spend for  
2018/2019

£13.96m

Emergency relief  
£6.51m



Influencing,  
advocacy  
and comms  
£0.35m

Development  
programmes  
and support for  
HelpAge global  
operations

£6.04m



Emergency relief

Development programmes  
and support for HelpAge  
global operations

Support

Influencing,  
advocacy and  
communications

# Improving the lives of older people: our key achievements

We aim to create long lasting change for older people and their communities, improving the lives of the most vulnerable and excluded.

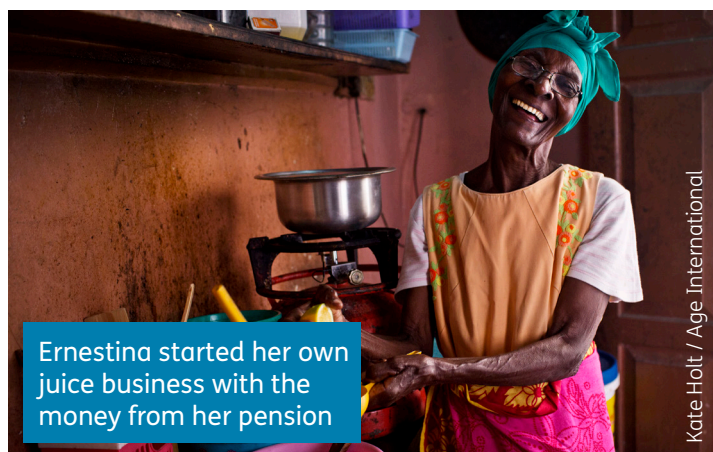
## Social protection: ensuring people of all ages lead secure, healthy lives

*“Before I started receiving the pension, no one would lend me any money because they thought I wouldn’t be able to pay them back.”*

Ernestina, 88, Zanzibar

Ernestina was one of the first women in Zanzibar to receive a social pension when it was introduced in April 2016. Support from the pension has been vital to her new business and the wellbeing of her family.

Zanzibar became the first state in East Africa to provide older people with a social pension as a result of international development work in the region by Age International and our partners.



## Emergency aid: providing vital support to the most vulnerable

*“We got help. We received some food. We got the tricycle. Help with healthcare. Thank you for all you have done.”*

Albano, 68, Mozambique

In the immediate aftermath of Cyclone Idai, we supported outreach teams in Mozambique, Malawi and Zimbabwe. Life-saving essentials, for example: mosquito nets, food, shelter, cooking equipment, were also distributed in Mozambique and Malawi, targeting the most vulnerable and isolated older people.



Miriam Margolyes visited Age International's work in Vietnam

Simon Rawles / Age International



Older people learn vital health information at our healthy ageing clubs

Simon Rawles / Age International

## Healthy ageing: the right to lead the healthiest life possible

*“Age International is doing almost more than any other charity that I’m aware of, to improve people’s lives around the world - people of age - and helping them to help themselves. And that is crucial.”*

Miriam Margolyes, actor

We aim to maintain people’s ability to be and do what they most value, no matter their age. This includes older people having access to health services, care and support.



We offered free eye exams and cataract operations to help older people see again and restore their independence

Frederic Dupoux / Age International



Rohingya refugees visit our Age Friendly Space

Barney Guiton / DEC

## Humanitarian crisis: emotional, social and medical support

*“I lost my land and my world. Here I forget some of my sadness about Myanmar. I feel happy here, but I feel sad when I remember what happened. I received an umbrella and a walking stick at the centre and also eye treatment.”*

Abu Alom, 56, Bangladesh refugee camp

Our age-friendly spaces provided sanctuary to traumatised older people who fled Myanmar. Three such centres within the Rohingya refugee camps serve over 500 people each day, providing emotional support, health checks, access to emergency care and aids to enable better quality of life. In a crisis situation, our age-friendly spaces provided a safe environment for those in need to access services and support, and to socialise with others.

# Creating lasting change: our long-term impact

We are proud to be the UK member of HelpAge International, working together to deliver our programmes and influencing work. With our support, the lives of millions of older people have been improved.

I have the income I need

## In the past year:

- 240,000 older people in 17 countries received better health and care services or support
- 900,000 older people were newly able to access existing health and care services
- 45,000 older women and men in 11 countries were supported and protected in humanitarian crises.

I am safe and secure, free from all forms of discrimination, violence and abuse

## In the past year:

- 15,000 older people's associations in 18 countries monitored delivery of social pensions, health services and other entitlements
- 49,491 people participated in Age Demands Action campaigns.

## In the past year:

- 1 million more older people in 8 countries received a social pension
- 47,000 older people (63% women) in 17 countries obtained the means to make a living
- 45,000 older people (67% women) affected by humanitarian crises in 12 countries received livelihood support or cash transfers.

I enjoy the best possible health, care and quality of life

## In the past year:

- 515,000 people received humanitarian aid in 16 countries
- 93,000 people across 13 countries learned how to prepare for humanitarian crises.
- 1 new national policy was introduced in Sri Lanka to protect older people from violence and abuse
- 150 partners in 9 countries enabled over 420,000 older people to access information about the law and support services relating to violence and abuse.

My voice is heard



Home-care volunteers visit several times a week and provide friendship and medical care

Hereward Holland / Age International



Older Persons Associations offer people the opportunity to learn new skills

Katie Barracough / Age International

# Making a difference that matters: our flagship programmes

**Our flagship programmes deliver long-term, high-impact change for older people. We work with partners and communities to develop sustainable programmes that transform lives.**

## **Strengthening Ageing Networks: promoting wellbeing and resilience**

Working across Asia, this regional programme benefits older people in five countries: Bangladesh, Cambodia, Indonesia, the Philippines and Vietnam. The programme helps older people to improve their health and wellbeing, whilst increasing opportunities to generate income through pensions, businesses and local networks.

### **By developing positive networks of community-led groups, the programme:**

- engages older people in leadership roles, promoting and ensuring wide ownership

and participation from diverse older people – including women and men of all income levels

- enables multifunctional activities – including livelihoods, health and social care, social connections, rights and entitlements, disaster preparedness, women’s participation, transparent governance and community participation
- champions community expertise – drawing on experience that already exists to engage and deliver change
- strengthens links – develop strong relationships with local government and services for the benefit of older people.



Members of a healthy ageing club in Vietnam attend a meeting



## Healthy Ageing Clubs in Vietnam provide a hub for local wellbeing

In April 2018, actor Miriam Margolyes visited Healthy Ageing Clubs in Vietnam, part of our flagship Strengthening Ageing Networks in Asia programme. Miriam spent a week visiting the area, seeing how the clubs worked and joining in activities including an exercise class and a monthly club meeting.

*“I’m really impressed! Older people in the village are getting a huge amount of support, no one seems lonely and they get on well. This is exactly what charities should do. They should organise things to help people to help themselves, Age International is incredibly sensible in what they’re doing.”*

## Healthy Ageing Clubs in Vietnam support local business

Mrs Van, aged 69, is a member of her village’s Healthy Ageing club in Vietnam. The club gave Mrs Van a loan to start a rabbit and snail farming business to help feed her family and give them an income.

*“I started raising rabbits and farming snails when I joined the club. The idea came from me but I received support from the club. The snails are very helpful to me, not only are they food for my family, but they also increase our income. I’m very grateful to my club because they gave me the loan so I could purchase the rabbits and the snails and increase my family’s income. I always pay my interest (on the loan) on time. Since the club was established, I feel happier and healthier because I’m practicing physical exercise every day.”*



Mrs Van and her husband tend to their garden

Simon Rawles / Age International



Miriam Margolyes with beneficiaries of our healthy ageing clubs in Vietnam

Simon Rawles / Age International



Mrs Van checking on her snails at home in Vietnam

Simon Rawles / Age International

## Podiatry rooms in Kyrgyzstan: foot doctors saving lives in Central Asia

Working with the World Diabetes Foundation, we founded an innovative new health programme to tackle ‘diabetic foot’ – a complication of diabetes that can lead to foot amputations and permanent physical disability.

Right now, there are no specialist podiatrists in Kyrgyzstan to treat diabetic foot. So, our partners are training podiatrists and stationing them in fully equipped ‘podiatry rooms’, stationed in the equivalent of GP surgeries, so that patients receive thorough check-ups and early treatment.

New multidisciplinary medical teams – made up of podiatrists, surgeons, orthopaedists, and endocrinologists - provide holistic, joined-up care. We have also launched and supported a number of diabetes support groups - clubs for older people with diabetes, where members can find support and advice about their condition.

Diabetes is a growing threat to the population of Kyrgyzstan; 41% of cases go undiagnosed due to poor screening and lack of awareness. People are forced to top up their medication at their own expense; many simply can’t afford to and go without.



Older people in Kyrgyzstan are encouraged to visit an Endocrinologist

Kate Haggerty / Age International



Tatiana checks the blood sugar levels of a member of her local Self-Help Group

Maik Alymkulov / Age International

## Healthy ageing clubs: Better Health in Africa programme

A new programme of healthy ageing clubs in sub-Saharan Africa could radically improve the health and wellbeing of tens of thousands who are ageing. The clubs aim to encourage a healthy lifestyle - by fostering a friendly social environment where people in later life can learn about their health and take steps to improve their wellbeing.

The clubs are part of our Better Health in Africa programme – a programme set to directly improve the quality of geriatric health services in Kenya and Mozambique.

Due to insufficient or inappropriate healthcare options, older people's health issues in sub-Saharan Africa often go undiagnosed and untreated – and their health and wellbeing suffers. This can be exacerbated by conditions which carry a stigma, particularly neurodegenerative diseases like Alzheimer's. These concerning health trends are not matched by appropriate policy or financial attention.

In line with our commitment to 'leave no one behind', our programme targets the poorest and most vulnerable older people. The focus given to diseases that lead to disability and exclusion, such as blindness and dementia, ensures older people who need access to home-based and long-term care are given particular attention.

We also ensure that medical professionals are trained to better respond to the needs of older people. Volunteer carers, who visit older people in their homes on our behalf, are equipped to care for older people. And we have launched clubs for older people which offer support to members with chronic conditions and disabilities.

The programme aims to empower specialist groups of older people – through training and support – to be able to monitor the success of the programme and advocate for more inclusive, effective delivery of health services from their governments.

Better Health in Africa will directly reach 29,000 older women and men, with the aim that at least 70% report significant improvements in their personal health and wellbeing by the end of the three years.

### Key facts

- By 2050, older people living in sub-Saharan Africa is projected to quadruple to 161 million
- Over 50% of people with disabilities can't afford healthcare in low-income countries worldwide
- There are estimated to be nearly 50 million people with dementia worldwide, with 60% of those in low to middle-income countries. This is set to rise to 71% by 2050.



Carolina suffers from dementia but thanks to her home-based carer she is receiving valuable support



Celia learned exercises so she can do daily tasks like washing dishes

# Aid during crises: our emergency response

**Older people are particularly vulnerable during conflicts, crises and natural disasters – yet their needs are too often neglected. We help them to survive.**

## **Age International supports emergency aid that is specially designed for people who are older:**

- We deliver aid which is accessible – where older people are prioritised
- We target the most vulnerable older people – so we reach the most marginalised and forgotten
- We train and advise other agencies and organisations, to help make their aid more accessible to older people and people with disabilities.

## **Responding to emergencies globally**

This year we responded to new humanitarian crises in Indonesia (Sulawesi Tsunami), the protracted Rohingya refugee crisis in Bangladesh and to Cyclone Idai which devastated large parts of Mozambique, Zimbabwe and Malawi.

We continued to work in countries suffering crises including Ukraine, Syria and drought-stricken areas of East Africa. Our emergency funds also supported rapid needs assessments to find out what support older people need. This year we worked in the Philippines following tropical cyclone Mangkhut to ensure older people's needs were considered, and they received the aid they needed.

During this year we also worked with partners and funders such as the Start Network and UK Aid to deliver efficient and fast funding and activity, most notably during our response in Myanmar, Sudan, Malawi, Bangladesh and Ethiopia.



Sheika was forced from her home in Yemen, now she lives in a Refugee camp

Aseel Abubaker/DEC



Tallabah hopes to return to her home in Yemen one day

Azzam al-Zubairi/DEC



Thai fled her home with no belongings after Cyclone Idai destroyed her home

Karel Prinsloo / Age International



The tsunami and earthquake destroyed many homes throughout Palu, Indonesia

Lewis Immeny/DEC



A group of older people wait to see if they will receive food at a camp for displaced people in Mozambique

Karel Prinsloo / Age International

# Our response to Cyclone Idai

Cyclone Idai made landfall near Beira city, Mozambique, on March 14, 2019, as a Category 2 storm causing widespread devastation in Mozambique, Malawi and Zimbabwe. Over 2.5 million people were affected. All three governments called for international aid. Heavy rains and strong winds led to flash flooding and landslides. Homes and agricultural fields were destroyed, livestock washed away. Farmers - most of whom were older - were expecting a bumper harvest of crops, but it was all destroyed.

We launched an appeal to help Cyclone Idai survivors. Our partners aimed to reach the most vulnerable and isolated people who were suffering in the wake of the disaster.

In the weeks that followed, we were able to provide clean water, food, emergency hygiene kits, clothes, mattresses and sheets. We also supported outreach teams of nurses, social workers, and trained volunteers to deliver health support, care at home, psychosocial support for trauma and referral to other key services for older people in hard-to-reach areas.

Our response to this disaster will continue over the next year, providing shelter, food, walking aids and the materials older people need to rebuild their lives.

## Reaching those who lost everything

Tsai was in her home in Mozambique when her house collapsed and she suffered serious injuries as a result. *“Our neighbours dug us out,”* she recalls.

Tsai doesn't know how old she is. She lives with her husband, who is badly injured too. *“We will never be able to rebuild our house on our own,”* Tsai says.

Donations helped deliver clean water, food, clothes and hygiene kits to older people like Tsai.



Tsai cooks food near her tent after she was displaced by Cyclone Idai

Karel Prinsloo/Age International



Many people were moved to camps for Internally Displaced People after the devastation Cyclone Idai caused

Karel Prinsloo/Age International

## Older people surviving Cyclone Idai

Agnes is 89 years old. When the storm hit, her home - which was already flimsy and made from poor materials - collapsed on top of her. Agnes survived the cyclone, but she can no longer walk without help.

*“I was living alone,” she says “Even then, it was hard to do the household chores by myself. Now, I have difficulties walking.”* After her home collapsed, Agnes was rescued and placed in an emergency shelter. But she can no longer cope on her own, so she is living with a neighbour.

Agnes relies on the kindness of her community to get through every day. Thanks to donations from Age International, Agnes was given vital emergency aid and support.

## Waterborne diseases

*“I lost my medication in the storm,” says Ines, who lives in Beira, Mozambique – one of the cities worst hit by the storm. “I came to the hospital to get more but they don’t have much. What I got won’t even last for 7 days. There’s just not enough medicine.”*

The scale of the disaster was huge, with numerous challenges on the ground. Outbreaks of cholera further complicated conditions. Cholera is particularly dangerous for older people who - because immune systems weaken with age - are more likely to die from waterborne diseases.

In Mozambique, we set up water purification stations in nine health centres, which each produced over 12 thousand litres of clean water per day.



HelpAge International



Karel Prinsloo/Age International



Cecilia Rose/Age Karel Prinsloo/Age International

Older women in a camp straight after Cyclone Idai (all images)



HelpAge International

# Our response to the Indonesian Tsunami

On Friday 28 September 2018 a massive 7.5-magnitude earthquake struck the Indonesian island of Sulawesi, causing a tsunami of six-metre high waves to surge through the coastal city of Palu.

Over 1,400 people died, and over 70,000 people lost their homes. Over 200,000 people were in urgent need of basic supplies such as food, water or medical provisions.

We launched the Indonesia Tsunami Appeal to help those affected.

We supported our partners to deliver an immediate response with healthcare suited to older people; easy to chew and digest food, and essential items to replace destroyed possessions, such as blankets, mattresses, clothing and cooking equipment.

## In the first months after the disaster we provided:

- Water purifiers – over 1,200 water purifiers, ensuring that communities have clean drinking water
- Mosquito nets – over 1,200 nets were distributed to prevent communicable

diseases such as malaria affecting older people

- Outreach health support - mobile health clinics reaching 16 villages and two retirement homes improving the accessibility of health services to older people and those who were not able to travel far
- Homecare visits – our teams provided home visits for people who have difficulty with mobility
- Mental and psycho-social support – emotional and well-being support at a very traumatic time. Over 200 consultations were provided to older people as well as promoting the service to a wider group of people
- Assistive aids – we distributed over 800 assistive aids such as glasses, walking sticks and wheelchairs to older people and people with disabilities
- Support to establish older peoples' associations – these groups were created around the community to provide support, a place to meet others affected by the tsunami and healthy ageing events
- Training to other stakeholders – to ensure services and provisions are designed with vulnerable older people and those with disabilities in mind.



Nari and his grandchildren were displaced by the tsunami



## Surviving the tsunami

Surviving an earthquake and tsunami is extremely traumatic, particularly if you are older.

102-year-old Sari, was given a water filter and mosquito net to keep her safe from disease. More than 800 people were given crutches, walking canes, glasses and hearing aids to transform their day-to-day lives.

But we also did something a bit different. Our psychological first aid teams and homecare volunteers helped thousands to recover from

both physical and mental trauma. People like 73-year-old Mariam, who was trapped under a heavy piece of furniture during the earthquake. For weeks after the disaster, she would not speak.

Mental health staff visited Mariam and provided her with vital psychological first aid. Volunteer carers have also visited Mariam every week, to help with her recovery. As a result, Mariam is talking again, sharing happy memories of going to the market and playing with her 10 grandchildren.



Sari with her daughter and granddaughter

Cecilia Rose/Age International

## Our response to the Rohingya refugee crisis

Since August 2017 over 900,000 Rohingya refugees have fled violence in Myanmar into Bangladesh – the largest mass movement of people seen in the region for decades. These are already some of the world's most vulnerable individuals – and now they have fled in fear for their lives, many walking or being carried many miles to safety.

Refugees arrived in Bangladesh exhausted and hungry. In monsoon season, heavy rains made an already terrible situation even worse – shelters flooded, and the risk of illness and disease was high.

Older refugees need specialist medicines and medical advice. But older people's needs are often forgotten in humanitarian crises.

We have been responding to the needs of older people in the camps with a project based on Age Friendly Spaces to provide sanctuary and support for older people.

These spaces are a safe and dignified space to meet, and they act as a central point for information provision and referral mechanisms to services including registration, health, food, clean water, sanitation and providing items such as glasses, walking sticks and other devices. In addition, they provide protection case management, basic health screening, psychosocial support, and recreational or social activities.

Older people gave positive feedback about the age friendly spaces. They felt they had a voice in their services, it served as a focal point in the wider community and the social activities were important to keep in touch with their culture – singing, dancing and poetry. The spaces were a place to access many services including medical help.

Thousands of older people were able to access services, advice and support within these Age Friendly Spaces, and will continue to do so during this humanitarian crisis.



Abu lost his daughter after he escaped from Myanmar. Now he visits our Age Friendly space for counselling

## Age Friendly Spaces providing sanctuary during a crisis

Rohingya refugees gather at an age-friendly space in Balukhali camp, Bangladesh. The space has been funded by donations to Age International and with funding from the DEC appeal. In just one day, as many as 200 people will visit the space, where they can get medical attention and meet other refugees of a similar age.



*“I feel peace - that’s why I come here every day,”* says 54-year-old grandmother Nur, who arrived in Bangladesh with her four-year-old granddaughter.

A woman waits for her health check-up in the paramedic room. There are two paramedics and two counsellors based on-site, to help refugees with medical and psychological support.



Sometimes, a very simple change is all it takes to make something accessible. A hole in a chair means this squat toilet is now easier to use for an older person. Despite the difficulties faced by operating in a crowded refugee camp, the age-friendly spaces in the camps aim to be as accessible as possible for people living with a disability.



A woman has her eyes checked by one of the centre’s paramedics. Age International has been funding cataract operations in Bangladesh, to help refugees who are losing their sight.



*“It feels lonely sometimes and I cry sometimes,”* says Halima, who is widowed with five children. Two paramedics and 24 volunteers provide outreach services to people who are too frail to leave their tents.



Photo credits: Barney Guiton/DEC for all these photos

# Fighting for rights: our advocacy and influencing programmes

**We all want to live in a fair society – where we lead dignified lives as we get older. We work to ensure support in developing countries takes into account the rights and needs of older people, advocating for change at local, national and international levels.**

This year, we worked alongside the UK Government, parliamentarians and networks such as BOND and HelpAge, to advocate for a transformation in attitudes towards ageing and older people and to ensure international development objectives, targets, measures and monitoring included older people.

## Engaging with the UK Government

Our key objective this year was to ensure older people and ageing issues in developing countries remain visible in parliamentary discussions.

We provided extensive briefings to MPs and peers resulting in older people being considered in debates on the Government's Strategy for Disability Inclusive Development and International Widows Day. Parliamentary questions were asked on the inclusion of older women as part of the Department for International Development's (DFID) work on women's economic empowerment and widows and the need for a UN Convention on the rights of older people. We also briefed the Labour and Liberal Democrat leadership and contributed to the UK Government's outreach with civil society in preparation for its Voluntary National Review (VNR).

## Older women's economic empowerment

We worked in partnership with the Overseas Development Institute (ODI) to develop significant new research into the economic roles of older women globally. Our briefing paper, 'Who Cares? Why older women's economic empowerment matters for the Sustainable

Development Goals', was developed after identifying a gap in evidence for the significant unpaid and paid work that older women do. Following the launch, we discussed the research findings with staff at the Department for International Development and chaired a panel discussion about older women's income security at the UN Commission on the Status of Women (CSW).

## Commonwealth Heads of Government meeting

The Commonwealth held its Summit and Heads of Government Meeting (CHOGM) in 2018 in London. In collaboration with CommonAge, a Commonwealth Accredited association, we supported the creation of the first-ever 'Elders' Forum' to highlight the importance of including older people within the work of The Commonwealth which was launched at the meeting. We supported CommonAge's research carried out by the Oxford Institute of Population Ageing and placed a comment piece in The Guardian calling attention to the needs and rights of older people in The Commonwealth. As a result, the UK Government recognised the need for future Heads of Government Meetings to take into account older people.

## Global Disability Summit

Age International supported HelpAge International to ensure that the Global Disability Summit that took place in July 2018 included discussion of the needs and rights of people with disabilities who are older. The Prime Minister recognised in her welcoming remarks that the Summit needed to take into account people of

all ages. As a result of our collaboration with HelpAge, two sessions of the Summit explicitly highlighted the situation of older people living with disabilities.

## Working for a UN convention on the rights of older people

Age International continued to campaign for a UN Convention on the rights of older people as Chair of the Global Alliance for the Rights of Older People (GAROP). We are campaigning for universal pensions guaranteed by law, a reduction in discriminatory policies such as mandatory retirement age which restricts older people from the workforce, and a reduction in

barriers which limit older people's access to health care and financial services. Older people rarely have choice or control over the care and support they may need to live independently. It is often unavailable, unaffordable and not guaranteed in law.

In the UK, Age International organised a second cross-government meeting to contribute to the UK government's thinking in this area. Further afield, Age International is the Co-Chair of the Global Alliance for the Rights of Older People, an alliance of 226 members which seeks to strengthen the calls on the UN Open-Ended Working Group on Ageing for a Convention.



Daw Mu Nge is caring for her four grandchildren in Myanmar. Every day she forages in the forest to find food to eat and sell in the markets

Hereward Holland/Age International

## Older women's economic empowerment

In November 2018 we published a briefing paper to raise awareness of the critical but invisible work that older women do - paid and unpaid - in developing country contexts.

Using original research conducted for Age International by the Overseas Development Institute (ODI), this paper made clear how gender norms and inequalities interact with poverty, public health issues and human rights to drive older women to do paid and unpaid work that negatively affects their wellbeing - while their families, communities and economies depend heavily on the work they do.

Since the paper was launched, we have continued to advocate on behalf of older women with national and international governments and policymakers to ensure that women are recognised and supported for their community contributions.

## Key highlights

- 1 in 7 older women are in the workforce, in low and middle-income countries
- Older women do more than twice the amount of unpaid care that older men do
- Older women do unpaid - often undesirable work - that few others are willing to. Yet this work is not counted in economic and labour data, rendering older women's work invisible
- Inequalities women face in society can continue into older age and be aggravated by age discrimination - making their lives worse, while they are helping others.

Older women can benefit from doing different types of paid and unpaid work - provided the work is a choice and they have the right support.



Aselefech works to support her two grandchildren

## Getting a picture of older women's work

Women do an average of 4.3 hours of unpaid care and domestic work every day in later life. With women's economic empowerment rising up the international policy agenda, it is crucial that we recognise and give visibility to older women's work.

Aselefech is 70. Her husband struggles with alcoholism. Her son has a mental health condition. She cares for them both - and for the two grandchildren that live with her. For the majority of women like Aselefech, a restful older age is out of the question.

Once her grandchildren are at school, Aselefech heads to a local day centre where she will spin cotton for money. In poorer countries, older women are still in the workforce - and the numbers are increasing. Older women's work is often unglamorous, unpaid or insecure, physically demanding or even dangerous. Yet, it is simply expected of them because of their gender and age.

Aselefech is not the only grandmother juggling a job with caring responsibilities: when it comes to unpaid care, women do more than men across their lives - and older women still do more than double the unpaid care work than men do. Frequently, this work happens alongside having to eke out a living however they can.

Her struggle is a common one for women in poorer countries; fewer than 16% claim a pension and many can't access vital services like healthcare.

The UK government must do more to ensure the invisible contributions of older women are recognised, valued and supported in international development programmes. Older women matter. We must include them.



Older women need pensions, whether they have had formal work or not - designed in a way that doesn't discriminate against unpaid carers

# Looking ahead: plans for the year

**We work to improve the lives of older people, raising funds to meet immediate needs and implementing development programmes that create long-term change.**

**We have made significant progress over the last year. But there is still much more to be done. In the upcoming year, we will continue to champion the needs of older people across the world.**

## 1. Humanitarian response

*'I am given the help and information I want in emergencies'*

We will work with HelpAge in implementing a new humanitarian approach, with its focus on rapid needs assessment, inclusion and protection of older people we will offer our learning and insight to other aid organisations.

## 2. Programme support and development

*'I have the income I need, and enjoy the best possible health and care'*

We will invest time and focus in deepening the support we offer to HelpAge regions in programme development and funding opportunities. We will place special emphasis on programme design that is gender-sensitive and we will document the economic contribution of older women.

## 3. Rights

*'My voice is heard by decision-makers'*

We will advance the case and support for a UN Convention, working as part of a global network, and with the UK Government and civil society. And we will place special emphasis on highlighting the needs and rights of older people in the case for Universal Health Coverage.

## 4. Accountability

*'I am safe and secure, free from all forms of discrimination and abuse.'*

We will implement a new annual safeguarding action plan and secure external verification of our Core Humanitarian Standards.

## 5. Communications

We will research and deliver a revised positioning and tone of voice for Age International, and will utilise external expertise to devise policy and advocacy messages that resonate with our key audiences. We will gather and produce high quality communications materials that focus on our flagship programmes.

## 6. Funding strategy and individual giving plan

We will finalise a strategy for individual giving and launch a new campaign to recruit donors. We have set ambitious targets for securing income for new programmes from institutional sources. These targets are backed up by a strong pipeline and set of secured contracts.

## 7. Network development

We will contribute to the development of HelpAge's 2030 strategy and work on the best contribution Age International can make as the UK member of the HelpAge Network to its implementation.

## 8. Organisational development

Our staff will each contribute to and benefit from a focus on learning, and we will raise our understanding of disability, and will launch and support working groups for gender and safeguarding.



**Tatiana in Kyrgyzstan, volunteers at a 'diabetic club' checking sugar levels for people in her community. Part of our flagship programme to reduce diabetic foot**



# Legal and administrative details

**Company registration number:** 7897113

**Charity registration number:** 1128267-8

**Board of Trustees:** Margaret Batty  
Rob Devey  
Sir Brendan Gormley KCMG MBE (until 7 December 2018)  
Dianne Jeffrey CBE DL  
Beverley Jones (until 7 December 2018)  
Ann Keeling (Chair)  
Tom Kirkwood CBE  
Michael Wade  
Clare Twelvetrees (from 17 January 2019)  
Maria Arce-Moreira (from 17 January 2019)

**Managing Director:** Chris Roles

**Registered office:** Tavis House  
1-6 Tavistock Square  
London  
WC1H 9NA

**Banker:** NatWest Bank  
City of London Office  
PO Box 12258  
1 Princes Street  
London  
EC2R 8BP

**Auditor:** Crowe U.K. LLP  
St Bride's House  
10 Salisbury Square  
London  
EC4Y 8EH

**Solicitor** Farrer & Co LLP  
66 Lincoln's Inn Fields  
London  
WC2A 3LH

## Public benefit

In setting the plans and priorities of areas of work, the trustees of Age International had regard to the guidance from the Charity Commission on the provision of public benefit.

In particular, the trustees consider how planned objectives contribute to meeting the objectives set. How Age International delivers its principal charitable objectives – as set out in its Memorandum and Articles of Association, and which may be summarised as promoting the welfare of older people in any part of the world – is demonstrated in the statement of objectives and activities above.

The public benefit arising from the charity's work is therefore implicit in the charitable services and assistance given to older people.

## Financial review

Age International is a grant-funded charity with a total income of £13,957,000 in the year ending 31 March 2019. Of this income, £4,870,000 was received from Age UK which is contracted by Age International to fundraise on its behalf and which allocates funds from its other income-generating activities in order to support the work of Age International.

Age International incurs most of its costs through grant giving. Of the total costs of £13,957,000 incurred in the year, £11,455,000 consisted of grants awarded to charitable organisations.

Age International will continue to receive grant funding from Age UK in the coming year, and the intentions are to continue carrying out charitable activities predominantly through grant giving, the funding of programmes through partner organisations, and the implementation of policy and advocacy work in the UK.

## Reserves

As a member of the Age UK Group, and a charity supported by Age UK, Age International does not currently hold funds independently. As a result, there is no set minimum reserve and Age UK is committed to continue supporting Age International in the coming period and has a

dedicated fundraising programme to raise funds for international activities and the operational support costs associated with these.

## Going concern

The trustees have reviewed the financial position of Age International, and in the light of the strategic commitments made by the Age UK Group in the Affiliate and Framework Agreements (2012) and the renewal of the Framework Agreement (2017), the trustees have confidence in the future of the organisation, and conclude that the going concern basis of the accounts' preparation is appropriate.

## Trustees

The membership that served during the year:

- Margaret Batty
- Rob Devey
- Sir Brendan Gormley KCMG MBE
- Dianne Jeffrey CBE DL
- Beverley Jones
- Ann Keeling (Chair)
- Tom Kirkwood CBE
- Michael Wade
- Clare Twelvetrees
- Maria Arce-Moreira.

## Principal risks and uncertainties

The trustees have overall responsibility for ensuring that the charity has an appropriate system of controls, financial and otherwise, across the entire organisation, to provide reasonable assurance that:

- Its assets are safeguarded against unauthorised use or disposal
- Proper records are maintained and that the financial information used within the charity or for publication is reliable
- The charity complies with relevant laws and regulations.

As part of the charity's risk management process the trustees acknowledged their responsibility for the charity's system of internal control and reviewing its effectiveness.

It was also recognised that such a system was designed to manage rather than eliminate the risk of failure to achieve the charity's objectives and could provide only reasonable, not absolute, reassurance against material misstatement or loss.

During the year, the trustees reviewed Age International's Risk Register and monitored the current controls and the additional actions being taken to mitigate the risks identified.

## The trustees consider that the principal risks that face Age International are:

- **Funds for short-term humanitarian and long-term development programmes not being used effectively.** Risks include the loss of reputation with institutional and other donors and a loss of confidence at the governance level. In order to mitigate this risk, Age International actively participates in the design, monitoring, reporting and evaluation of programmes for which it secures funds and for which it is accountable to donors. HelpAge internal audits and evaluations, and implementation of key policies, are reviewed by Age International.
- **Funds for humanitarian programmes not reaching beneficiaries, but being diverted for other use.** Risk assessment and assurance mechanisms for every project are in place and are reviewed at least annually. Age International is working with its implementing partner, HelpAge International, to implement the Common Humanitarian Standards (CHS) framework, and is in a process which will result in a full self-assessment against the standards, the implementation of an improvement plan, and an external verification against the CHS. These demonstrate to stakeholders that control frameworks are in place to ensure the efficient and effective use of funds in humanitarian emergencies. Trustees monitor the review of these assurance mechanisms.
- **Age International's way of working – both as the UK member of the global HelpAge network and as a subsidiary charity of Age UK – limits organisational effectiveness and the delivery of strategic objectives.** Trustees believe that there are clear ways in which the organisation's ways of working enable it to fulfil its objectives and achieve impact, influence and global reach, in an efficient manner. Clear agreements and role descriptions have been developed to define Age International's UK role in programme management; policy, influencing and advocacy; fundraising and funding; communications, media and research.
- **Trustees are aware that there is a need to ensure that Age International has the structure, staffing and skills to fulfil its growing responsibilities and strategic ambitions.** The board monitors this aspect of the organisation's development. Age International manages a wide range of relationships within the Age UK Group, liaising with Age UK staff whose work contributes to Age International fulfilling its objectives.
- **Safeguarding policies and their implementation to address safeguarding risks fail to meet the requirements of external stakeholders.** Age International commissioned an internal audit to review the organisation's policy and practise in relation to safeguarding. A Safeguarding Working group meets regularly to monitor the implementation of an action plan and to support the work of the staff safeguarding lead, who in turn reports on a regular basis to a trustee lead. A report on Safeguarding-related concerns and investigations is made to each Board meeting.
- **The UK's departure from the European Union has a negative impact on Age International's ability to secure funds for its humanitarian and development programmes.** During the year, Age International, along with the rest of the international development sector, operated in a context of uncertainty about the implications of Brexit, and the agreements secured by the UK government about future access for UK NGOs to EU funding. Age International has worked closely with other agencies and with sector

representatives, and has maintained close contact with officials in the UK Government's Department for International Development, to monitor the situation, and has kept trustees informed. Future financial planning has included different scenarios to help assess the possible impact that Brexit will have on the organisation.

## Safeguarding

We place the highest importance on the protection and safeguarding of the older people we work for, our staff and partners who work with us to implement our programmes.

In April 2018 the Age International Board approved an eight point safeguarding action plan which ensured we are implementing best practice and addressed questions of organisational values and culture; staff and trustee awareness, understanding and responsibility; policies and procedures; and reporting and assurance mechanisms, including with our programme implementation partner, HelpAge International.

We have identified a safeguarding lead for staff and the board of trustees as well as established a safeguarding working group which comprises six staff from each of Age International's three main departments – programme, communications and policy. This group meets monthly to oversee and support the Safeguarding Action Plan and also ensures Age International staff views and feedback are represented within discussions on safeguarding.

In the last quarter of 2018/19, Age International commissioned an internal audit, of the Action plan and of the implementation of its accountability and assurance processes. The recommendations of, and management response to, this internal audit formed part of the Age International Safeguarding Action Plan for 2019/20.

Age International is committed to adhering to the Core Humanitarian Standard, a voluntary standard which has nine commitments to form a framework of quality and accountability good practice within the humanitarian sector. In 2019 Age International began a self-assessment of our compliance with the Standards and in

2019/20 we'll seek external verification of our adherence to the standards.

We had one confirmed and another suspected incident related to safeguarding during the year, which was reported to us by our implementing partner through our own reporting mechanisms, both these were thoroughly investigated and dealt with appropriately.

# Statement of trustees' responsibilities



# Statement of trustees' responsibilities in respect of the trustees' annual report and the financial statements

The trustees (who are also directors of Age International for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- observe the methods and principles in the Charities SORP
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006 and the provisions of the charity's constitution. They are also responsible for safeguarding the assets of the charity

and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

## Disclosure of information to auditor

Each of the persons who is a trustee at the date of approval of this report confirms that, so far as each trustee is aware, there is no relevant audit information of which the charity's auditor is unaware, and the trustees have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

By order of the board



**Ann Keeling**  
**Chair**  
**Age International**  
**Tavis House**  
**1-6 Tavistock Square**  
**London, WC1H 9NA**

**13 December 2019**

**Independent auditor's report  
to the members of  
HelpAge International UK**





## Opinion

We have audited the financial statements of HelpAge International UK for the year ended 31 March 2019 which comprise the statement of financial activities, balance sheet, cash flow statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2019 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

## Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of

accounting in the preparation of the financial statements is not appropriate; or

- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

## Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## Opinions on other matters prescribed by the Companies Act 2006

In our opinion based on the work undertaken in the course of our audit

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and

- the directors' report included within the trustees' report have been prepared in accordance with applicable legal requirements.

## Matters on which we are required to report by exception

In light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

## Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 39, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

## Auditor's responsibilities for the audit of the financial statements

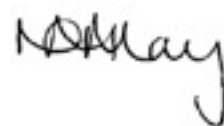
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

## Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



**Nicola May**  
**Senior Statutory Auditor**  
**For and on behalf of**  
**Crowe U.K. LLP**  
**Statutory Auditor**  
**London**  
**18 December 2019**

**Financial statements  
for the year ended  
31 March 2019**



# Statement of Financial Activities for the year ended 31 March 2019

	Note	Unrestricted £'000	Restricted £'000	Total 2019 £'000	Unrestricted £'000	Restricted £'000	Total 2018 £'000 - Restated
<b>Total income from</b>							
<b>Income from charitable activities</b>	3						
Grants		5,711	8,246	13,957	6,911	7,570	14,481
<b>Total income</b>		<b>5,711</b>	<b>8,246</b>	<b>13,957</b>	<b>6,911</b>	<b>7,570</b>	<b>14,481</b>
<b>Expenditure on:</b>	4						
<b>Charitable activities</b>		(6,752)	(7,205)	(13,957)	(5,709)	(8,772)	(14,481)
<b>Total Expenditure</b>		<b>(6,752)</b>	<b>(7,205)</b>	<b>(13,957)</b>	<b>(5,709)</b>	<b>(8,772)</b>	<b>(14,481)</b>
<b>Transfer</b>	18	<b>1,008</b>	<b>(1,008)</b>	<b>-</b>	<b>(1,176)</b>	<b>1,176</b>	<b>-</b>
<b>Net movements in funds in year</b>		<b>(33)</b>	<b>33</b>	<b>-</b>	<b>26</b>	<b>(26)</b>	<b>-</b>
Total funds at 1 April 2018 (2017) – Restated		26	5	31	-	31	31
<b>Total funds at 31 March 2019 (2018)</b>		<b>(7)</b>	<b>38</b>	<b>31</b>	<b>26</b>	<b>5</b>	<b>31</b>

The results above all arose from continuing operations. The notes on pages 48 to 57 form part of these financial statements.

# Balance sheet as at 31 March 2019

	Note	2019 £'000	2018 £'000 Restated
<b>Current assets</b>			
Debtors	7	274	102
Cash at bank and in hand		717	376
		<b>991</b>	<b>478</b>
<b>Creditors: amounts falling due in less than one year</b>	8	(960)	(447)
<b>Net current assets and net assets</b>		<b>31</b>	<b>31</b>
<b>Funds</b>			
Restricted funds	10	38	5
General reserve		(7)	26
<b>Total funds</b>		<b>31</b>	<b>31</b>

The financial statements were approved by the board of trustees on 13 December 2019 and were signed on its behalf by:



**Ann Keeling**  
Chair

Registered number: 7897113 England and Wales

The notes on pages 48 to 57 form part of these financial statements.

# Cash flow statement for the year ended 31 March 2019

	2019 £'000	2018 £'000
Cash flows from operating activities	341	292
<b>Change in cash and cash equivalents in the reporting period</b>	<b>341</b>	<b>292</b>
<b>Reconciliation of net cash flow to movement in net funds</b>		
Increase in cash in the period	341	292
Cash and cash equivalents at the beginning of the reporting period	376	84
<b>Cash and cash equivalents at the end of the reporting period</b>	<b>717</b>	<b>376</b>
<b>Reconciliation of net income to net cash inflow from operating activities</b>		
Net income for the year	-	-
(Increase) / Decrease in debtors	(172)	236
Increase in creditors	513	56
<b>Cash flows from operating activities:</b>	<b>341</b>	<b>292</b>

The notes on pages 48 to 57 form part of these financial statements.

A close-up portrait of a man with dark skin, smiling slightly. He is wearing a white headband and a red garment. The background is blurred, showing green foliage and a wooden fence. A dark blue text box is overlaid on the top right of the image.

**Notes to the financial  
statements for the year  
ended 31 March 2019**

# 1. Accounting policies

Age International is a registered charity in England and Wales and a company limited by guarantee. It was incorporated on 4 January 2012 (company number:7897113).

Age International is wholly owned subsidiary of Age UK (Note 15)

In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The principal accounting policies are summarised below.

## Basis of preparation

These financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice (SORP), Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), together with the reporting requirements of the Companies Act 2006 and the Charities Act 2011. The presentation currency of these financial statements is sterling.

The accounting policies set out below have, unless otherwise stated, been applied consistently to all periods presented in these financial statements. The financial statements are prepared on historical cost basis.

## Going concern

The trustees have reviewed Age International's financial position and considered the impact of future activities. In the light of the strategic commitments made by the Age UK Group in the Affiliate and Framework Agreements (2012) and the renewal of the Framework Agreement (2017), the trustees have a reasonable expectation that the charity has adequate resources and are of the view that there are no material uncertainties about the charity's ability to continue in operational existence for the foreseeable future. The accounts have therefore been prepared on the basis that the charity is a going concern.

## Incoming resources

All income is included in the Statement of Financial Activities (SOFA) when the charity is legally entitled to the income, when receipt of the income is probable and the amount can be quantified with reasonable accuracy. The following specific policies apply to categories of income:

- Donations and all other receipts generated from fundraising are reported gross on a receivable basis.
- Grants receivable income, where related to performance and specific deliverables, is accounted for as the charity earns the right to consideration by its performance. Where income is received in advance of performance, its recognition is deferred and included in creditors. Where entitlement occurs before income is received, the income is accrued.
- Legacies are accounted for when notified, providing the amount can be reliably measured and that ultimate receipt is probable. Legacies which include a life interest held by another party are recognised on notification of probate.

## Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants payable are charged in the period when the offer is conveyed to the recipient except in cases where the offer is conditional, such grants being recognised as expenditure when the conditions are fulfilled. Offers subject to performance related conditions which have not been met at the period-end are noted as a commitment, but not accrued as expenditure.

Governance costs are the costs associated with the running of the charity, as opposed to the direct management functions inherent in generating funds, service delivery and programme or project work. This includes such items as internal and external audit, legal advice for trustees and costs associated with constitutional and statutory requirements. Support costs are allocated to the different



categories of activities based on a judgement of the percentage the specific activity represents in relation to the total non-support expenditure. Support costs include management, finance, human resources, information technology and some elements of fundraising. Governance costs other than those disclosed specifically in the notes to these accounts are included within support costs and allocated on the same basis.

### **Foreign exchange**

Transactions in foreign currencies for projects in Europe are translated into Sterling at the exchange rate achieved on the date of the transaction. For projects outside Europe, the foreign currency is translated into Sterling at the average rate of exchange in the month of the transaction. All exchange rate differences are taken to the Statement of Financial Activities.

### **Financial Instruments**

Age International has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at the present value of future cash flows (amortised cost). Financial assets held at amortised cost comprise cash at bank and in hand, short term cash deposits and the charity's debtors excluding prepayments. Financial liabilities held at amortised cost comprise the charity's short and long term creditors excluding deferred income and taxation payable. No discounting has been applied to these financial instruments on the basis that the periods over which amounts will be settled are such that any discounting would be immaterial.

### **Pensions**

The charity contributed in this period to a group personal pension plan operated by Zurich as well as an occupational money purchase scheme. A pension plan is available to all employees over the age of 18. The assets of the scheme are held separately from those of the charity. The annual contribution payments are charged to the SOFA. Differences between contributions payable in the year and contributions actually paid are shown as either accruals or prepayments in the balance sheet.

## **Funds**

### **Restricted funds**

Restricted funds are funds subject to special conditions imposed by the donor, or with their authority (e.g. through a public appeal). The funds are not therefore available for work performed by Age International other than that specified by the donor.

### **Unrestricted funds**

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

### **Cash and cash equivalents**

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

## **2. Key sources of estimation uncertainty and judgements**

The preparation of financial statements in conformity with generally accepted accounting practice requires management to make estimates and judgements that affect the reported amounts of assets and liabilities as well as the disclosure of contingent assets and liabilities at the balance sheet date and the reported amounts of income and expenditure during the reporting period.

### **Judgements**

There are no significant judgements.

### **Key sources of estimation uncertainty**

There are no material sources of estimation uncertainty.

### 3. Analysis of grants receivable

	Unrestricted £'000	Restricted £'000	Total 2019 £'000	Unrestricted £'000	Restricted £'000	Total 2018 £'000
Age UK, for International work	2,394	-	2,394	1,675	-	1,675
Age UK, from Age International supporter legacies	845	767	1,612	1,094	-	1,094
Age UK, from other fundraising for Age International's work	-	1,482	1,482	1,904	54	1,958
Age UK, grant generated from unrestricted funds	2,472	-	2,472	2,238	-	2,238
Disasters Emergency Committee and Age International emergency appeal	-	880	880	-	2,387	2,387
DFID/UK Aid, for restricted activities	-	161	161	-	2,223	2,223
UN, for restricted activities	-	2,479	2,479	-	2,144	2,144
Other grant making bodies, for restricted activities e.g. Swedish Postcode Lottery, World Diabetes Foundation, Anonymous	-	2,477	2,477	-	762	762
<b>Total grants received</b>	<b>5,711</b>	<b>8,246</b>	<b>13,957</b>	<b>6,911</b>	<b>7,570</b>	<b>14,481</b>

All grants are paid directly to HelpAge International [www.helpage.org](http://www.helpage.org)

### 4. Resource expended

	Activities undertaken directly £'000	Grant funding of activities £'000	Support cost allocated £'000	Total 2019 £'000
<b>Charitable activities</b>				
Programmes funded by the annual grant - emergencies	(130)	(1,551)	(138)	(1,819)
Programmes funded by the annual grant - long term	(151)	(1,714)	(151)	(1,988)
Programmes funded by institutional grants – emergencies	(199)	(3,530)	(306)	(4,035)
Programmes funded by institutional grants – long term	(199)	(1,511)	(140)	(1,850)
Other emergency programmes	(219)	(884)	(90)	(1,193)
Other long term programmes	(198)	(132)	(27)	(357)
Influencing, advocacy and communication in the UK	(347)	-	(28)	(375)
General support to HelpAge International	-	(2,135)	(177)	(2,340)
<b>Total resources expended</b>	<b>(1,443)</b>	<b>(11,457)</b>	<b>(1,057)</b>	<b>(13,957)</b>

Support costs of £1,058k were charged to Age International from other members of the Age UK Group in relation to services provided for IT (£375k), Finance (£219k), Facilities (£92k), HR (£77k), Legal (£67k) and Office Management Services (£228k). (2018: £1,020k). Activities undertaken directly include salary, fundraising and all direct expenses incurred by Age International.

	Activities undertaken directly £'000	Grant funding of activities £'000	Support cost allocated £'000	Total 2018 £'000
<b>Charitable activities</b>				
Programmes funded by the annual grant - emergencies	(32)	(1,628)	(126)	(1,786)
Programmes funded by the annual grant - long term	(41)	(1,185)	(93)	(1,319)
Programmes funded by institutional grants – emergencies	(82)	(4,277)	(330)	(4,689)
Programmes funded by institutional grants – long term	(82)	(819)	(68)	(969)
Other emergency programmes	(103)	(2,385)	(188)	(2,676)
Other long term programmes	(82)	(54)	(10)	(146)
Influencing, advocacy and communication in the UK	(262)	-	(20)	(282)
General support to HelpAge International	-	(2,429)	(185)	(2,614)
<b>Total resources expended</b>	<b>(684)</b>	<b>(12,777)</b>	<b>(1,020)</b>	<b>(14,481)</b>

Support costs of £1,020k were charged to Age International from other members of the Age UK Group in relation to services provided for IT, Finance, HR, Legal and Office Management Services.

## 5. Governance costs

	2019 £'000	2018 £'000
Governance costs: statutory audit	10	8

No other fees were payable to the external auditor. 2018 external audit costs are paid for by Age UK.

The Trustees received no remuneration for their services.

The aggregated amount of expenses reimbursed to five trustees during the period was £3,666 (2018: £389). The expenses relate to train tickets and parking. Indemnity insurance is provided for trustees, premiums are paid centrally for the whole group by Age UK, the parent of Age International. The premiums are not broken down by individual parts of the group, so Age International's portion cannot be distinguished. During the period, total indemnity insurance paid by Age UK in relation to Trustees was £7,316 (2018:£7,184).

## 6. Employee information

	2019 Number	2018 Number
The average number of employees of the company during the year was:	13	13

	£'000	£'000
Staff costs for the above persons were:		
Wages and salaries	564	519
Social security costs	58	54
Pension costs	46	53
	<b>668</b>	<b>626</b>

	Total 2019	Total 2018
<b>Number of staff receiving remuneration above £60,000</b>		
£90,001 - £100,000	1	1
Total banded employees	<b>1</b>	<b>1</b>

The total compensation received for key management personnel amounted to £113k. Key Management personnel for Age International is the Managing Director. The amount of £113k contains their national insurance contribution and employer pension contributions.

At 31 March 2019 there are 14 staff members in the defined-contribution schemes (2018: 13).

## 7. Debtors

	2019 £'000	2018 £'000
Amounts owed by group undertakings	255	98
Prepayments and accrued income	19	4
	<b>274</b>	<b>102</b>

## 8. Creditors: amounts falling due within one year

	2019 £'000	2018 £'000
Accruals and deferred income	393	447
Amounts due to group undertakings	560	-
Other Creditors	7	-
	<b>960</b>	<b>447</b>

## 9. Analysis of charity net assets between funds

	Unrestricted £'000	Restricted £'000	Total 2019 £'000	Unrestricted £'000	Restricted £'000	Total 2018 £'000
<b>Current assets</b>						
Debtors	255	19	274	98	4	102
Cash at bank and in hand	319	398	717	376	-	376
<b>Liabilities</b>						
Current liabilities	(581)	(379)	(960)	(172)	(275)	(447)
	(7)	38	31	302	(271)	31

## 10. Movement in funds

	31 March 2018 £'000	Income £'000	Expenditure £'000	Transfer £'000	31 March 2019 £'000
<b>Programmes funded by the annual grant - long term</b>					
Africa	-	1,074	(472)	(602)	-
Asia	-	413	(360)	(53)	-
Latin America	-	127	-	(127)	-
Europe and Middle East	-	59	(23)	(36)	-
<b>Total Programmes funded by the annual grant - long term</b>	<b>-</b>	<b>1,673</b>	<b>(855)</b>	<b>(818)</b>	<b>-</b>
<b>Programmes funded by Institutional grants – Developmental</b>					
Pakistan - Big Lottery Fund - empowering older people to improve lives	2	28	-	-	30
Swedish Postcode Lottery - Global Fight Against Ageism	-	169	(169)	-	-
Tanzania - Jersey Overseas Aid - Improved health and wellbeing for older women and men in Tanzania	-	208	(208)	-	-
Tanzania - UK Aid - Strengthening Accountability in Tanzania through strengthened civil society	-	200	(200)	-	-
Bangladesh, Vietnam, Cambodia, Philippines and Indonesia - Anonymous Donor - Improving the wellbeing of older people	-	254	(254)	-	-
Kyrgyzstan - World Diabetes Foundation - Strengthening capacity to manage diabetes complications for older people in Kyrgyzstan	-	76	(76)	-	-
Kyrgyzstan - Big Lottery Fund - Reducing poverty in central Asia	-	57	(57)	-	-
European Commission Horizon 2020 - Scaling up NCD Interventions in South East Asia	-	547	(547)	-	-
<b>Total Programmes funded by Institutional grants - Developmental</b>	<b>2</b>	<b>1,539</b>	<b>(1,511)</b>	<b>-</b>	<b>30</b>

## 10. Movement in funds (continued)

Programmes funded by Institutional grants - emergencies	31 March 2018	Income	Expenditure	Transfer	31 March 2019
Bangladesh - UK Aid/UNOPS - Integrated humanitarian response to the needs of older men and women (People fleeing Myanmar)	-	358	(358)	-	-
Ethiopia - International Rescue Committee/ECHO - Improved access to clean water and hygiene and sanitation practices for most vulnerable households and Internally Displaced Persons (IDPs) in drought-affected areas of Guchi, Wachile and Dhas woredas, Oromia Region	-	87	(87)	-	-
Mozambique - UK Aid - Humanitarian response in Mozambique - Lean Season Response in Food Security and Nutrition: Targeting and Monitoring	-	423	(423)	-	-
Bangladesh -UK Aid/ UNOPS - Strengthening Humanitarian Preparedness and Response	-	319	(319)	-	-
Humanitarian Innovation Fund - Roll-out of the Rapid Assessment Method for Older people (RAM-OP): To scale up and roll out a rapid, low cost, multi-sectoral and simple assessment method to address the needs of older people in humanitarian crises	-	45	(45)	-	-
Myanmar - UN LIFT - Strengthening the ministry of social welfare to fulfil its role in expanding social protection	-	326	(326)	-	-
Myanmar - UN LIFT - Dry Zone sustainable nutrition, agriculture and protection project	-	719	(719)	-	-
Myanmar - UN LIFT - Extend cash transfers to people with disabilities into areas affected by conflict	-	302	(302)	-	-
Bangladesh - UNV/FVT - Addressing Gender Based Violence in camps	-	76	(76)	-	-
Ethiopia - IOM / UNOCHA - Life-Saving Integrated Humanitarian Assistance for Internally Displaced Persons (IDPs) in Ethiopia - NFI and Emergency Shelter	-	66	(66)	-	-
Ethiopia - UNOCHA - Addressing the protection needs of drought and conflict affected internally displaced persons (IDPs) in three woredas of Oromia National Regional State	-	187	(187)	-	-
Lebanon - UNOCHA - Addressing protection concerns of people with specific needs affected by the Syria crisis in Akkar district, Lebanon	-	169	(169)	-	-
Tanzania - UNHCR - Strengthening services for people with specific through an integrated and community-based approach	-	134	(134)	-	-
Tanzania - UNHCR - Strengthening of multi-faceted approach among people with specific needs	-	181	(181)	-	-
Kenya - UK Aid - Hunger safety net programme	-	161	(161)	-	-
UK Aid - Age and Disability capacity building programme (ADCAP)	-	(5)	5	-	-
UK Aid - ALERT - Preparing to respond now	-	(19)	19	-	-
<b>Total Programmes funded by Institutional grants - emergencies</b>	<b>-</b>	<b>3,529</b>	<b>(3,529)</b>	<b>-</b>	<b>-</b>
<b>Programmes funded by the annual grant - emergencies</b>					
Africa	-	123	(123)	-	-
Asia	-	170	(170)	-	-
Latin America	-	-	-	-	-
Europe and Middle East	-	190	-	(190)	-
<b>Total Programmes funded by the annual grant - emergencies</b>	<b>-</b>	<b>483</b>	<b>(293)</b>	<b>(190)</b>	<b>-</b>
<b>Other emergency programmes</b>					
Age appeal East Africa Crisis	-	12	(12)	-	-
Age appeal People Fleeing Myanmar	-	7	(7)	-	-
Age appeal Indonesia Tsunami	-	171	(166)	-	5
Emergency Response Fund Various	-	167	(167)	-	-
Age Philippines Rapid Needs Assessment	-	5	(5)	-	-
DEC East Africa Crisis Appeal	-	33	(33)	-	-
DEC Emergency Appeal for people fleeing Myanmar	3	323	(323)	-	3
DEC Indonesia Tsunami Appeal	-	167	(167)	-	-
Tula Trust - co funding for Myanmar	-	2	(2)	-	-
Souter Charitable Trust - Restricted donation for Tanzania	-	3	(3)	-	-
<b>Total Other emergency programmes</b>	<b>3</b>	<b>890</b>	<b>(885)</b>	<b>-</b>	<b>8</b>

## 10. Movement in funds (continued)

	31 March 2018	Income	Expenditure	Transfer	31 March 2019
	£'000	£'000	£'000	£'000	£'000
<b>Other long term programmes</b>					
Thailand - Prudential - Prudential Chairman's Challenge	-	40	(40)	-	-
South Korea - Prudential - Prudential Chairman's Challenge	-	10	(10)	-	-
Singapore - Prudential - Prudential Chairman's Challenge	-	32	(32)	-	-
Allen and Overy - co-funding obligations under EC human rights project, support rights of older South Sudanese refugees	-	50	(50)	-	-
<b>Total Other long term programmes</b>	-	<b>132</b>	<b>(132)</b>		-
<b>Subtotal Restricted Funds</b>	<b>5</b>	<b>8,246</b>	<b>(7,205)</b>	<b>(1,008)*</b>	<b>38</b>
<b>General fund</b>	<b>26</b>	<b>5,711</b>	<b>(6,752)</b>	<b>1,008</b>	<b>(7)</b>
<b>Total</b>	<b>31</b>	<b>13,957</b>	<b>(13,957)</b>	-	<b>31</b>

See note 18\*

	31 March 2017	Income	Grants	31 March 2018
	£'000	£'000	£'000	£'000
<b>Regional programmes funded by the annual grant - long term</b>				
Africa	-	672	(672)	-
Asia Pacific	-	142	(142)	-
Latin America	-	15	(15)	-
Middle East	-	125	(125)	-
South Asia	-	231	(231)	-
<b>Total Regional programmes funded by the annual grant - long term</b>	-	<b>1,185</b>	<b>(1,185)</b>	-
<b>Programmes funded by Institutional grants - long term</b>				
Big Lottery Fund - Pakistan - empowering older people to improve lives	2	69	(69)	2
Big Lottery Fund - Kyrgyzstan- reducing poverty in Central Asia	-	149	(149)	-
UK Aid - Ethiopia, Mozambique, Tanzania and Zimbabwe - reducing poverty by improving health for older women and men	-	337	(337)	-
International Olympic Committee Sport and Active Society Commission - Tanzania - promoting healthy ageing through active clubs in Tanzania	-	19	(19)	-
Anonymous Donor - Bangladesh, Vietnam, Cambodia, Philippines and Indonesia - improving the well-being of older people, their families and their communities in Asia, through resilient and self-sustaining community based organisations and improved social protection	-	255	(255)	-
<b>Total Programmes funded by Institutional grants - long term</b>	<b>2</b>	<b>829</b>	<b>(829)</b>	<b>2</b>

## 10. Movement in funds (continued)

	31 March 2017	Income	Grants	31 March 2018
	£'000	£'000	£'000	£'000
<b>Programmes funded by Institutional grants - emergencies</b>				
UK Aid - Kenya - hunger safety net programme	-	328	(328)	-
UK Aid - age and disability capacity building programme (ADCAP)	-	233	(233)	-
UK Aid - Alert - preparing to respond now	-	1,284	(1,284)	-
Start Network - Start Fund	-	17	(17)	-
UNOPS/UK Aid-Bangladesh - integrated humanitarian response to the needs of older men and women (People fleeing Myanmar)	-	143	(143)	-
UNOPS LIFT-Myanmar - dry zone sustainable nutrition, agriculture and protection project	-	481	(481)	-
UNOPS LIFT-Myanmar - strengthening the ministry of social welfare to fulfil its role in expanding social protection	-	700	(700)	-
UNOCHA-Ethiopia - addressing the specific protection needs of drought and conflict affected internally displaced persons (IDPs) in four Woredas of Oromia National Regional State	-	185	(185)	-
UNOCHA-Ethiopia - access to clean water and improved hygiene and sanitation for drought affected households with older people and people with disabilities	-	189	(189)	-
UNHCR-Tanzania - improve the lives and well-being of people with specific needs through the provision of timely, appropriate response in Nduta, Mtendeli Camps in Kibondo	-	259	(259)	-
UNHCR-Tanzania - strengthen services for persons with specific needs through an integrated and community based approach	-	188	(188)	-
International Rescue Committee/ECHO-Ethiopia - improved access to clean water and hygiene and sanitation practices for most vulnerable households and internally displaced persons in drought-affected areas (Oromia region)	-	176	(176)	-
Jersey Overseas Aid -Kenya - enhancing food security in emergency for older persons in Turkana county	-	95	(95)	-
<b>Total Programmes funded by Institutional grants - emergencies</b>	-	<b>4,278</b>	<b>(4,278)</b>	-
<b>Regional programmes funded by the annual grant - emergencies</b>				
Africa	-	969	(969)	-
Asia Pacific	-	98	(98)	-
Latin America	-	167	(167)	-
Middle East	-	251	(251)	-
South Asia	-	143	(143)	-
<b>Total Regional programmes funded by the annual grant - emergencies</b>	-	<b>1,628</b>	<b>(1,628)</b>	-
<b>Other emergency programmes</b>				
Yemen Crisis	-	86	(86)	-
East Africa Crisis	-	249	(249)	-
People fleeing Myanmar	-	156	(156)	-
DEC Nepal Earthquake	-	65	(65)	-
DEC Yemen Crisis	-	473	(473)	-
DEC East Africa Crisis	-	1,133	(1,132)	-
DEC People fleeing Myanmar	-	225	(222)	3
<b>Total Other emergency programmes</b>	-	<b>2,387</b>	<b>(2,382)</b>	<b>3</b>
<b>Other long term programmes</b>				
Prudential - chairmans challenge (Thailand)	-	44	(44)	-
Prudential- chairmans challenge (HelpAge Korea)	-	10	(10)	-
<b>Total Other long term programmes</b>	-	<b>54</b>	<b>(54)</b>	-
<b>Subtotal</b>	<b>2</b>	<b>10,361</b>	<b>(10,357)</b>	<b>5</b>
<b>General Fund</b>	<b>29</b>	<b>4,120</b>	<b>(4,123)</b>	<b>26</b>
<b>Total</b>	<b>31</b>	<b>14,481</b>	<b>(14,481)</b>	<b>31</b>

## 11. Financial Instruments

	2019 £'000	2018 £'000
Financial assets measured at amortised cost	991	478
Financial liabilities measured at amortised cost	(960)	(447)

## 12. Pension schemes

During the period Age International has operated a defined-contribution pension scheme for which the contributions are charged to the statement of financial activities as incurred. The assets of the scheme are held separately from those of the company and independently administered. Contributions expensed by Age International in the period amounted to £70,087 (2018: £53,000).

## 13. Taxation and charitable status

Age International is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

## 14. Contingent liabilities and capital commitments

There were no contingent liabilities as at 31 March 2019 (2018:£0).

There were no capital commitments at 31 March 2019 (2018:£0).

## 15. Parent charity

The trustees consider the ultimate parent undertaking and ultimate controlling party of the charity to be Age UK, a charitable company limited by guarantee and registered in England: registered office address 1-6 Tavistock

Square, London, WC1H 9NA, company number 6825798, and registered charity number 1128267.

## 16. Related party transactions

During the period, grants with a total value of £11,455k have been awarded to HelpAge International (2018: £12,777k). Age International is the UK member of the HelpAge network. Grants from Age UK with a total value of £7,960k were recognised in the year (2018:£6,965k).

Intercompany debtor at 31 March 2019 from Age UK is £255k (2018:£98k).

Intercompany creditor at 31 March 2019 to Age UK Trading CIC is £560k (2018:Nil).

## 17. Prior period adjustment

Last year's reserves showed a brought forward amount of £27k from American Association of Retired Persons – human rights advocacy. Upon further investigation it was discovered that this was fully spent in 2017 therefore the funds were transferred from restricted funds to unrestricted funds.

## 18. Transfer between funds

Transfers totalling £1,008k were made from restricted to unrestricted funds during the year. The transfers are comprised of restricted funds earmarked by donors to spend on our work in certain countries. These funds have been granted to HelpAge International as part of our annual grant which is recognised within unrestricted funds. The annual grant includes specific requirements to ensure the funds are spent as intended by the donors.



## 19. Grants receivable The charity received the following grants during the period:

Organisation	Project	Grant (£)
Age UK	Annual grant to HelpAge International	5,400,000
Age UK	General support for Age International	2,501,035
Age UK	Thailand, Prudential Chairman's Challenge programme	40,000
Age UK	South Korea, Prudential Chairman's Challenge programme	10,200
Age UK	Singapore, Prudential Chairman's Challenge programme	31,500
Age UK	East Africa Crisis	12,000
Age UK	People Fleeing Myanmar	6,500
Age UK	Indonesia Tsunami	166,581
Age UK	Emergency Response Fund	166,649
Age UK	Philippines, Rapid Needs Assessment	5,000
Big Lottery Fund	Kyrgyzstan - reducing poverty in Central Asia	56,678
Allen and Overy	Co-funding obligations under EC human rights project, support rights of older South Sudanese refugees	50,000
Disasters Emergency Committee	East Africa Crisis	32,798
Disasters Emergency Committee	People fleeing Myanmar	322,500
Disasters Emergency Committee	Indonesia Tsunami	167,027
Anonymous donor	Bangladesh, Vietnam, Cambodia, Philippines and Indonesia - improving the well-being of older people, their families and their communities in Asia, through resilient and self-sustaining community based organisations and improved social protection	254,470
European Commission Horizon 2020	Scaling up NCD Interventions in South East Asia	546,592
Humanitarian Innovation Fund	Roll-out of the Rapid Assessment Method for Older people (RAM-OP): To scale up and roll out a rapid, low cost, multi-sectoral and simple assessment method to address the needs of older people in humanitarian crises.	44,988
International Rescue Committee/ ECHO	Ethiopia - Improved access to clean water and hygiene and sanitation practices for most vulnerable households and Internally Displaced Persons (IDPs) in drought-affected areas of Guchi, Wachile and Dhas woredas, Oromia Region	87,010
Jersey Overseas Aid	Tanzania - Improved health and wellbeing for older women and men in Tanzania	207,726
UK Aid	Age and disability capacity building programme	(5,046)
UK Aid	ALERT - preparing to respond now	(19,191)
UK Aid	Bangladesh - Integrated humanitarian response to the needs of older men and women (People fleeing Myanmar)	357,784
UK Aid	Bangladesh -Strengthening Humanitarian Preparedness and Response	319,277
UK Aid	Kenya - hunger safety net programm	161,393
UK Aid	Mozambique - Humanitarian response in Mozambique - Lean Season Response in Food Security and Nutrition: Targeting and Monitoring	422,730
UK Aid	Tanzania - Strengthening Accountability in Tanzania through strengthened civil society	200,000
Swedish Postcode Lottery	Global Fight Against Agesim	169,246
Tula Trust	Co-funding for Myanmar	2,050
Souter Charitable Trust	Restricted donation for Tanzania	3,000
UNOPS LIFT	Myanmar - Strengthening the ministry of social welfare to fulfil its role in expanding social protection	325,869
UNOPS LIFT	Myanmar - Dry Zone sustainable nutrition, agriculture and protection project	719,382
UNOPS LIFT	Myanmar - Extend cash transfers to people with disabilities into areas affected by conflict	301,902
UNVFVT	Bangladesh - Addressing Gender Based Violence in camps.	76,308
IOM / UNOCHA	Ethiopia - Life-Saving Integrated Humanitarian Assistance for Internally Displaced Persons (IDPs) in Ethiopia - NFI and Emergency Shelter	65,700
UNOCHA	Ethiopia - Addressing the protection needs of drought and conflict affected internally displaced persons (IDPs) in three woredas of Oromia National Regional State	186,549
UNOCHA	Lebanon - Addressing protection concerns of people with specific needs affected by the Syria crisis in Akkar district, Lebanon	169,167
UNHCR	Tanzania - Strengthening services for people with specific through an integrated and community based approach.	133,636
UNHCR	Tanzania - Strengthening of multi-faceted approach among people with specific needs	181,487
World Diabetes Foundation	Kyrgyzstan - Strengthening capacity to manage diabetes complications for older people in Kyrgyzstan	76,057
		<b>£13,956,554</b>

# Thank you

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- United Nations Office for Project Services (UNOPS) - Livelihoods and Food Security Fund (LIFT)
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- UN Trust Fund to End Violence against Women (UNTFEVAW)
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- World Jewish Relief

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